## Weekly *Meal* Planner

by Tanya Podawiltz ♥ tpoddesign.com

Monday Breakfast	Sides	Shopping List
Lunch		
<u>Dinner</u>		
Tuesday	Sides	
Breakfast Lunch		
Dinner		
Snacks		
Wednesday Breakfast	Sides	
Lunch		
Dinner Snacks		
Thursday	Sides	
Breakfast		
Dinner		
Snacks		
Friday Breakfast	Sides	
Lunch		
Dinner Snacks		
Saturday	Sides	
Breakfast Lunch		
Dinner		
Snacks		
Sunday Breakfast	Sides	
Lunch		
Dinner Snacks		
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